

Adelaide Hills Convention Centre, Hahndorf SA, August 16-18 2024

Presentation topics and abstracts

'Celebrating Those with Vision, Determination and Courage ~ 25 Years of the BTFA'

Speaker	Topic	Abstract
Tito Pignetti	Foot Mobilisation - Better Feet, Better Body, Better Life	<p>Feet are your foundations. And we all know what happens to a house with poor foundations.</p> <p>Tito has specialised in Foot Mobilisation Techniques for 24 years, and has held tutorials and lectures worldwide to health care practitioners on the techniques and the benefits of a good dynamic structure. Make sure you're at this event. It will transform your life, practice and importantly the life of your patients! Look forward to seeing you there!</p>
Christos Miliankos	Bowen - Inside Out	<p>As Bowen therapists, we are very good at treating mal-alignment of the body, including the muscle-skeletal system and helping body imbalances. What if we could use the simple signs the body provides, through facial, sclera, tongue and nail signs to take us beyond current practices? These signs give us clues as to what is happening beneath the skin and how the organs are functioning. We can use this information to guide us to the best Bowen Therapy.</p>
Ivan Copley OAM	First Nations' Use of Plants & Foods for Medicines	<p>A brief look at some foods and medicines that have been used by Aboriginal peoples for more than 50,000 years.</p>
Maxine Smith	Healing Philosophy and What it Means to be of Service	<p>One of the most profound ways of working with service is to bring your awareness right down to the act you are doing... The secret of action is always to do the action as impeccably as you can and what happens, happens...</p>
Barry Vautier	Bowen Therapy in the Age of Trauma: Re-act or Re-pond	<p>'The Issues are in the Tissues' - How fascia may be a conduit of memory and its role in the stress/trauma response.</p> <ul style="list-style-type: none"> • Some theories of what happens to the fascia with touch • Post Traumatic Stress Disorder - Peter Levine • Polyvagal theory - Stephen Porges • Psoas and the stress response • Transformation through Bowen – Biomechanically, Psychosocially & Spiritually

Chris Reed – presentation 1	Bowen - What is the Research Telling Us?	Research into Bowen therapy and related areas has been a very slow burn, however it is beginning to steam along in relative terms. With the theme of this conference encompassing vision, determination and courage it is useful to look back, look around, and look forward with regard to our industry at the research that has been done, is being done and needs to be done into the future. It has taken vision to undertake past research and will take determination and courage to continue.
Chris Reed – presentation 2	The Sustainable Bowen Business	As the founder of McDonalds, Ray Kroc, once said: <i>“If you are green you are growing, if you are ripe you are rotting”</i> . Where are you in your business? What strategies can keep you green, how do we avoid becoming ripe? A discussion on staying green for you and your clients.
Barbara Beacham and Eleanor Oyston	Research Matters Moving Forward – Building Capacity and Realising a Future Vision	<p>This presentation reflects on recent advancements with research and research capacity building in the BTFA and the Bowen Therapy Profession more widely and outlines how research and research capacity building will help us achieve a future vision of increased integration into the health care system.</p> <p>Bowen Therapy was established in Australia in the 1960s by Tom Bowen. In a relatively short time, it has grown impressively as a specialty, becoming a valuable complementary addition to many people’s health care management; both nationally and internationally. The endorsement of Bowen therapy, based largely on information founded on anecdotal successes continues, however is no longer enough. The future professionalism and growth of the discipline is being critically challenged by the lack of adequate scientifically rigorous evidence, both in terms of the profession’s ability to demonstrate scientifically how Bowen Therapy works and equally important the safety and efficacy of the techniques.</p> <p>The presentation highlights the achievements flowing from the BTFA Research Capacity Development Partnership with the Australian Research Centre for Complementary and Integrative Medicine (ARCCIM) at the University of Technology Sydney. It will introduce a future vision for the Bowen Profession and outline how these achievements contribute to moving us forward toward that vision. It will finish with practical examples from the field of Oncology Massage demonstrating how research capacity supported the integration of a modality into acute health care settings. It celebrates the value of previous work over the last 25 years, whilst promoting the exciting opportunities available to every BTFA member and practitioner to contribute to shaping the future of their profession by embracing and engaging in future research development activity.</p>

Alex Sutton	The Clinical Science of Biochemic Therapy – The Essential Elements of Life	<p>The clinical science of biochemic therapy - why minerals are essential elements for all forms of life, and are not as widely regarded supplements for the organism; the specific roles of the mineral salts specifically for Bowen Therapy and Fascial Kinetics.</p> <p>The ability when prescribed correctly, to change cell potential for the benefit for everyone’s benefit; the correct IONS (positive and negative) are bonded together in the correct trituration; the correct mineral in the right place at the right time; the elements as electrolytes; myths and misunderstandings.</p>
Heather Edmonds	Past, Present, Future	<ul style="list-style-type: none"> • When the first BTFA Conference was held - were you there? • How it has grown • My sister and I were given an opportunity to talk about my dad, Tom Bowen, for the first time ever • Writing a book and research what I have found • Tom’s father didn’t give him any praise or recognition • What led to this therapy • I’ve been thinking about dad since my fall - what losing a leg must have meant to him • As the therapy developed, so did he – developed solutions to problems • Go forth and conquer. Accept the challenge
Ibrahim Samaan	Innovation in Hygiene	<p>Hygiene practice remains a poorly understood and undereducated topic, with healthcare-acquired infections a leading contributor to the economic burden of the health system. This presentation will address the current hygiene challenges and concerns we all face in our clinics. You’ll then be introduced to our groundbreaking solutions that effectively combat poor hygiene practices, and we’ll provide scientific and clinical research to support our claims. You’ll also discover how our innovative approach enhances both cleaning and sanitising standards, and significantly reduces laundry demands, marking a transformative step forward in healthcare hygiene.</p>
Heather Hartley	Animal Bowen Therapy – Live Demonstration	<p>A practical demonstration of Animal Bowen Therapy on live animals, including a horse and dogs.</p>

John Coleman	Parkinson's Disease – Causes, Recovery & Bowen	<p>Parkinson's Disease is one of a cluster of diagnosable disease states considered progressive, degenerative and irreversible. The Western Medical Model considers the causes to be largely unknown, although there is extensive research into interim symptoms thought to be causes of diagnosed symptoms – for instance, single pathogenic bacteria in the gut, dysregulation of certain enzymes, etc. In this presentation, we will:</p> <ul style="list-style-type: none"> • Discover the underlying causes of Parkinson's and similar disorders; causes that have been known for decades but were never medically associated with Parkinson's. • We will explore ways to find the causes for each individual and how to develop recovery strategies. • We will discuss where Bowen fits into the journey from illness to wellness. • Along the way, we may meet some surprising heroes with vision, determination and courage.
Tanya Pfitzner & Megan Pauley	Hormone Dynamics - Working with Bowen Therapy	<p>Tanya & Megan will discuss how to enhance your Bowen practice and help clients with hormone imbalance. Menopause, prostate, erectile dysfunction, puberty, infertility, pregnancy, menstrual issues, endometriosis, PCOS and more are affecting us and our clients' lives. In the presentation you will:</p> <ul style="list-style-type: none"> • Re-affirm your knowledge about which Bowen technique work will help the hormonal system • Learn what can disrupt our hormones and how to maintain your health • Deep dive into hormone case studies • See how stress affects hormones and you