



Duncan Kirk

Duncan is a self-driven man who is determined to promote innovative body function solutions globally.

He is the owner of Kirk Health Solutions (operating from January 2006 to present), which is based in South Eastern South Australia. He routinely travels interstate to provide consultant advice in his various fields of expertise.

Duncan has qualifications as a Natural Sports Therapist, Performance Trainer, Strength & Conditioning Coach, Health Consultant and Trainer & Assessor.

He has worked in various roles during his career including as a Health consultant, Gym Manager, Health Promotions advisor, Manual Handling Trainer, Natural Sports Therapies provider and Rehabilitation consultant.

Duncan can be contacted via his website at <http://d.kirk.com>