



**Bowen Therapists**  
Federation of Australia

## **Suitable webinars for BTFA members approved by the BTFA CPE Subcommittee**

A follow-up short questionnaire with some simple answers will be required for approval for each webinar from members, to be forwarded to the CPE subcommittee. Contact BTFA head office for a copy, or download it from the Member Resources section of the BTFA website.

*Please note: during the COVID-19 pandemic in 2020, given that members are currently unable to attend CPE trainings in person, there is currently no cap on the amount of CPE points per year. All webinars, unless stated otherwise, 2 CPE points per hour (some attract up to 5 points).*

### **Aon Australia webinar (FREE, 2 CPE points) *NEW in 2020***

A 1 hour webinar on insurance and COVID-19.

[https://www.youtube.com/watch?v=5Si5KYt1U2k&feature=youtu.be&utm\\_source=Aon](https://www.youtube.com/watch?v=5Si5KYt1U2k&feature=youtu.be&utm_source=Aon)

### **COVID-19 infection control training module (FREE, 5 CPE points) *NEW in 2020***

<https://www.health.gov.au/resources/apps-and-tools/covid-19-infection-control-training>

Free 30-minute online training module designed for care workers across all health care settings. Users need to register online.

### **Royal Life Saving WA - CPR refresh online course (\$99, 2 CPE points) *NEW in 2020***

<https://royallifesavingwa.com.au/training/provide-cardiopulmonary-resuscitation-online-/c-25/p-251757>

### **CBD First Aid and CPR Online courses Australia-wide (\$99, 2 CPE points) *NEW in 2020***

<https://www.cbdcollege.edu.au/?FIRST-AID;Info;2161>

### **Julian Baker / Functional Fascia online webinars *NEW in 2020***

<https://functionalfascia.com/webinars/>

### **Julian Baker – SOAP - The Art of Taking Notes (FREE) *NEW in 2020***

[https://event.webinarjam.com/register/21/py6p8c1?fbclid=IwAR0cNYsW\\_NFDByx-JYyWRE3R81dyV42Mie\\_xCxok8oYvIAD1VQU4c271Ffc](https://event.webinarjam.com/register/21/py6p8c1?fbclid=IwAR0cNYsW_NFDByx-JYyWRE3R81dyV42Mie_xCxok8oYvIAD1VQU4c271Ffc)

### **The Therapy Web webinar series (\$75, 5 CPE points per workshop) *NEW in 2020***

<https://www.thetherapyweb.com/>

The Therapy Web online workshops have been designed to give Bowen, massage and myotherapists a scientific understanding of the clinical conditions that they will see every day in practice, while studying from the comfort of their home or clinic.

### **Bowen Online (2 points per hour)**

<http://bowen-online.com/webinars4/>

A Canadian-based free online resource.

**ATMS webinars** <https://www.atms.com.au/Webinar-Recordings/> (2 points per hour)

Topics that are applicable to Bowen therapists.

**MOVE Musculoskeletal Health Webinar Series** <https://www.msk.org.au/events/>  
(2 points per hour)

Live or recorded topics that are applicable to Bowen therapists.

- Fatigue management for people with persistent pain
- The role of footwear in self-management of knee osteoarthritis
- The diagnosis and management of rheumatoid arthritis
- The diagnosis and management of psoriatic arthritis

**eHealth Learning (2 points per hour)**

<https://ehealthlearning.tv/webinars-bowen/>

<https://www.therapy-training.com/>

Live or recorded topics on Bowen, Fascia, Anatomy and Business are most suitable.

**bWellness** <https://www.bwellness.com.au/> (2 points per hour)

Live or recorded, only a few topics are suitable for Bowen therapists.

**Joseph Muscolino** has a number of short videos on YouTube. **2 CPE points** for all short videos with a completed follow-up questionnaire. Topics recommended:

- |  |   |
|--|---|
| - Stretching and mobilisation of upper extremity | - Joint mobilisation of upper extremity |
| - Psoas major (2)                                | - Piriformis (4)                        |
| - Thoracic outlet syndrome                       | - Adductor magnus muscle                |
| - The subscapularis muscle                       | - How to palpate muscles                |
| - Fascia and pulling                             | - Muscle anatomy: Plastic wrap          |

**Gill Hedley: 'The Fuzz' speech on YouTube (2 points per hour)**

<https://www.youtube.com/watch?v=FtSP-tkSug>

**Anatomy Trains (2 points per hour)**

<https://www.anatomytrains.com/product/fascia-in-movement-webinar-series/>

Via the Anatomy Trains website - free if you sign up. 2 CPE points per hour.

**John Wilks (2 points per hour)**

UK-based Bowen therapist, has some free webinars on his website.

<https://www.therapy-training.com/work-with-me#/about-john/>

*If you know of any other webinars please send details to the CPE subcommittee via BTFA head office, email: [btfa-office@bowen.asn.au](mailto:btfa-office@bowen.asn.au).*

