

Julian Baker abstract

Defining the Hypotheses

A hypothesis is a proposed explanation for an observation or phenomena, made on the basis of limited evidence that provides a starting point for further investigation.

In order for Bowen therapists to find out what we are doing and why it works, we need to be able to formulate and ask the right questions and then be able to test them effectively.

Julian Baker has spent 30 years trying to figure out what questions to ask. His search has recently led him to some very new and different ideas, particularly in the field of anatomy that might give Bowen therapists a clearer way to both discuss the technique as well as test it.

In this talk he will present some new ideas about, amongst other things, the stoppers (BRMs), new explanations around the TMJ, and why fascia is something other than what we thought it was, with lots of video and images that will help to throw a different light on what we have all learned.

These principles have never been presented before and are based on new and extensive studies over the very recent weeks in the dissection lab, where he has been focusing specifically on the anatomy of Bowen procedures.

These findings should allow us to develop clear questions that can be tested and allow a more accurate and anatomical narrative around Bowen to emerge.