



ALISON SLATER

**BLACKROLL MASTER EDUCATOR
FASCIA TRAINING & MOVEMENT SPECIALIST
PHYSIOTHERAPIST / RESEARCHER**

Alison is an internationally-trained Physiotherapist, graduating from the University of New South Wales followed by the Cumberland College of Health Sciences in 1986. With a wealth of post-graduate study behind her, including a Masters of Manual Therapy from the University of Western Australia (UWA), Alison offers 32 years of knowledge and practical clinical experience.

Following graduation from her Masters, she was offered and accepted an Adjunct Teaching Fellowship at UWA and held this position for some years. Alison is a Blackroll Master Trainer with a passion for all things fascia. She has travelled extensively to ensure she is up-to-date with the latest developments in the field, including several of the Fascia Research Congresses and Fascia Summer Schools. She is also involved in the Fascial Net Plastination Project, having visited the Plastinarium in Guben, Germany in 2018.

Alison attends a 5-day full-body dissection Course in the United States every year, and has tutored for Tom Myers in this environment on occasion. She has also undertaken countless post-graduate education Courses, including Fascial Manipulation, Craniosacral Therapy, Dry Needling, Myofascial Release, Mulligan Technique, Sacroiliac and Pelvic assessment and treatment, sports injuries and specific joint-based manual therapy approaches.

Alison has also taught extensively throughout the United Kingdom and Australia in Muscle Energy Technique. She is a self-proclaimed “sworn enemy of densification” from the most recent International Blackroll Summit, understanding the essential part rolling plays in the rehabilitation and maintenance of healthy fascia for all people, athletes and mere mortals alike!

Outside of professional concerns, Alison is a keen triathlete, and even has a go at the odd half-marathon.

About Blackroll

Originating in Germany in 2007, Blackroll products are a highly respected range of myofascial release and fascia training tools focusing on the health, fitness, rehab and sports industry, as well as engaging in fascia research. Blackroll’s products quickly gained popularity throughout the European market for self-myofascial release.

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