



Julian Baker

Originally from London, Julian Baker undertook training in The Bowen Technique when he was living in Australia. He initially trained in reflexology, but he sought out Bowen training after being impressed by very successful treatment for an acute neck injury.

Returning to Britain in 1992, he initially ran a busy clinic but soon began teaching the technique full time in response to the tremendous demand for training. Because of his devotion and boundless energy, he has been responsible for the rapid growth of the technique in the UK, traveling throughout the country teaching and promoting it.

Julian's first career path was catering and he was involved in the regional apprenticeship and training scheme for eight years. As a result, his teaching is what has been termed by some as "lively and innovative". Julian uses 'hands-on-hands' teaching, demonstrations, analogies and case histories to pass on The Bowen Technique in a unique and animated way. Many people comment on the fact that as well as having learned an extremely valuable tool, they have had a course full of relaxed fun, with plenty of opportunities to ask questions and have points clarified.

Julian is the most experienced Bowen Therapy Teacher in Europe and has used this experience to develop a comprehensive teacher training programme. Julian has recently started to work with the subtleties of the technique, moving into an intuitive approach and addressing the role of the therapist in the process of treatment. Still a keen cook, Julian also plays golf and studies Buddhism.

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