

John Coleman abstract

Parkinson's Disease – the Causes & Where does Bowen Fit?

Parkinson's disease is a group of symptoms that affects over seven million people around the world.

There is a developing body of thought linking Parkinson's disease with pollution and heavy metal toxicity, long-term repression of the fight/flight/freeze response leading to cell starvation and damage, and/or chronic intracellular infections.

Western medical research projects look at the minutiae of chemical imbalances, genes and protein expressions, but these studies ignore epidemiological and neuro research showing the likely aetiology and pathogenesis of Idiopathic Parkinson's and similar disorders.

The Causes

This presentation briefly postulates three fundamental groups of aetiologies for Parkinson's disease and similar disorders: suppression of early trauma, environmental toxins including lifestyle choices, and chronic multisystemic infections.

Identifying the aetiology or aetiologies for each individual allows us to construct treatment plans that will reverse the cause of their symptom picture, rather than suppressing symptoms.

Individual wellness programs must include a partnership between the patient and their chosen team of healthcare professionals, including Western Medical and Complementary Health Practitioners.

Where Does Bowen Fit?

During my early years of treating Parkinson's disease, I conducted an open study of various bodywork modalities, including massage, CST, Feldenkrais, Reflexology and Bowen Therapy. Over the course of the 18-month study, those using Bowen Therapy showed distinct improvements over those using other forms of bodywork.

This presentation will briefly discuss possible reasons for this difference and how Bowen best fits into a comprehensive Parkinson's disease treatment regimen.