

## **Heather Edmonds abstract**

### *Tom Bowen - The Man*

My sister and I were privileged many years ago to present, at the first Bowen Conference and for the very first time, the story of Tom Bowen - The Man - as we knew him. This was the first opportunity given to us as Tom's family, to let people know the type of person he was and to dispel many of the stories that people have made up over the years. This presentation was very moving for all those present. It is once again my pleasure to present to you *Tom Bowen - The Man*.

Tom Bowen created what the world knows today as Bowen Therapy. At the introduction of each course, there is a brief outline of Tom Bowen and the therapy he created. It has been stated by many, that he was a man before his time with great insight and perhaps this is true.

From humble beginnings, this man created and improved his therapy which enabled him to assist many people. It is stated that he assisted an enormous amount of people in a year - how did he do that? Many of these people received a 'treatment' for no exchange of money.

As I, Tom Bowen's youngest daughter, deliver my presentation we will follow Tom Bowen from his humble beginnings through to his later life where things became very difficult for him physically. This is an opportunity to hear the truth about Tom Bowen - The Man.