



**CAITLIN GRAHAM-JONES (B.HSc)
NATUROPATH & PSYCHOTHERAPIST**

Caitlin has a passion for natural healthcare. With a degree in fine arts and naturopathy and postgraduate qualifications in psychotherapy, Caitlin is a Naturopath & Psychotherapist in a busy Melbourne clinic and has 20 years of clinical experience.

She teaches Australian Bush Flower Essences workshops both in Australia and overseas. She also teaches meditation locally in Victoria.

Her goal as a Naturopath and Psychotherapist is to provide a safe place for her patients to explore their health concerns. Caitlin utilises whole food therapy, nutrition, herbal medicine, Flower Essences, iridology, massage and counselling.

Caitlin seeks to discover the underlying causes of the presenting complaint, following her belief that you need to have sound health foundations before you start patching up symptoms. This approach has enabled her to assist her patients towards improved overall health and vitality in the long term.