



**BARBARA BEACHAM**  
**BOWEN THERAPIST & RESEARCH ACADEMIC**

Barbara is currently a practicing Bowen Therapist and the National Research Coordinator for the Bowen Therapists Federation of Australia. In addition to a nationally-recognised Diploma in Bowen Therapy, Barbara has a Master of Community Development and Management and Bachelor of Social Science – Human Services as well as a Certificate IV in Small Business Management. In 2020 she is hoping to become a Doctoral Candidate at the School of Public Health, University of Technology Sydney.

Barbara worked as a National research academic and manager between 1998 and 2013; prior to commencing her Bowen Therapy business. Her main research interests continue to be evidence-based practice, research capacity building, effective linkage between complementary therapies and academic institutions, collaborative research partnerships and knowledge translation, exchange and uptake.

Barbara established her Bowen Therapy practice in 2014 and runs a busy clinic across two locations in Adelaide. She is passionate about developing the clinical evidence base in Bowen Therapy. She has been instrumental in setting up engagement in an academic program of Research Capacity Building for the Bowen Therapists Federation of Australia and has been collaborating with colleagues in other Bowen associations both within Australia and overseas to amplify engagement efforts in this area.

In her spare time Barbara is a keen keelboat sailor. She recently purchased her own sailing vessel – *Stella Rouge* - making her one of only a few female Skippers in the Royal South Australian Yacht Squadron. *Stella Rouge* is mainly used as a sailing development platform for female sailors.

Website: <http://purebalancebowen.com.au>