



**JOHN COLEMAN**  
**NATUROPATH**

By August 1995, John Coleman was wondering how he could go on living. Suffering symptoms of stage IV Parkinson's disease and early stage multi-system atrophy, diagnosed by five medical and complementary practitioners, and severely dissatisfied with the treatment and prognosis he received from Western medical practitioners, John decided to pursue other pathways to health and was completely symptom-free by April 1998.

John was co-founder of Very Special Kids (VSK) in 1984 and founder of the Neuro Recovery Foundation in 2002, conducted sixteen Neuro

Recovery Pathways programs in NSW and Melbourne, plus practitioner training around Australia, USA, Germany, Austria and UK.

John is one of Australia's most experienced naturopaths in treating Parkinson's disease as well as Lyme disease and co-infections, utilising a wide variety of strategies to improve health together with specific antimicrobial and detox herbal remedies. He works closely with Lyme Literate and Lyme Aware doctors where antibiotic treatment is considered desirable.

John now conducts his Naturopathic Clinic in Lancefield, rural Victoria. His book, *Stop Parkin' and Start Livin' – Reversing the Symptoms of Parkinson's disease* was published by Michelle Anderson in 2005. *Shaky Past* (autobiography) was released in 2012. He presented at the International Parkinson's Disease Conference in 2001, two posters at the 1<sup>st</sup> Tick Borne Diseases Conference in 2013 and two case histories at the 3<sup>rd</sup> Tick Borne Diseases Conference in 2015.

John received a Tattersall's Award for work with VSK in 1985 and an ANPA award for Community Education in 2005. He was a finalist in the Pride of Australia Medal in 2007.

**CONTACT**

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