

Bowen Therapy Conference 2018

Expanding Knowledge: Shaping Professional Practice

TINA RENFREY

Steroid Injections and other Fishing Stories

Tina's talk aims to take the mythology and tall stories out of medical steroid injections and show you how they can help alongside Bowen therapy to get the body moving again. It will cover:

- What is a steroid injection?
- Why have a steroid injection?
- What it is not useful for
- Ultrasound guidance
- Post injection
- How long will it last?
- Why does it not work sometimes?