



Christine Ammann

Christine discovered the wonderful benefits of Kinesiology whilst searching for help for her children's health and learning difficulties in 1998.

Since then she graduated with a Diploma in Kinesiology, an Advanced Diploma in Bowen Therapy and a Certificate IV in Training & Assessment. Christine is an accredited member of the AKA, BTFA & ATMS.

Christine uses a unique combination of Kinesiology, Bowen, Craniosacral and NLP in her consultations at Physio Solutions and the newly designed Dynamic Kinesiology Essentials & Practitioner Training seminars offered at her Dynamic Kinesiology Centre.

Christine's desire is to help people with stress/anxiety, digestive imbalances, chronic aches and pains and learning/behavioural difficulties. After two decades working and studying in Australia and Europe, Christine's passion for this unique combination of complementary medicines has only deepened over the years as she has seen them change so many lives, including that of her own family.

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