

Bowen Therapy Conference 2018

Expanding Knowledge: Shaping Professional Practice

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Know What you are Starting With - a Wholistic, Systematic Approach to Musculoskeletal Assessment

Throughout your career you may ask yourself, where does one start when a client walks through the door with a multitude of issues? What's important, what's not? What order do I take with an assessment? How do I know I'm covering all bases and staying on track? Well, this presentation is for you.

In the field of Allied Health there are a million and one different approaches, many with much merit, however, is there a way to simplify this, while providing the most comprehensive assessment most of your clients will ever receive?

Learn about an assessment approach that makes logical sense, educates, and leaves clients with a clear idea of what you have found, what you intend to do, what you expect the outcome to be and what they can do to help themselves - you will create a start point that you can always return to.

This assessment approach will provide your clients with the knowledge that will give them confidence in you and the treatment direction, with an aim to provide you with the time required to get the results they want and that you can effectively deliver.

This presentation will look at the importance of history taking, fascial pathways, structural biomechanics, anterior/posterior balance, understanding distribution of forces, the feet, the Sacroiliac joints, the 1st rib and AO joints, amongst many other things.

Through thorough assessment you will learn to be able to treat dysfunction, create balance, soften, stretch, strengthen, exercise, maintain, educate and support, delivering exceptional results.

The ultimate aim is to understand how to create Mr or Mrs Musculoskeletal perfect, knowing what you are starting with, if you were given every opportunity.